







Menu Subject to Change				
Monday	Tuesday	Wednesday	Thursday	Friday
		1-Dec	2-Dec	3-Dec
Lancer Dining Services does not use peanuts, pork, tree nut or shellfish ingredients. All items are baked or steamed, mindfully made with fresh or frozen vegetables (never canned!), 100% whole grains and a variety of lean meats using heart-healthy oils and low-salt seasonings.		Turkey w/ Gravy WG Teabiscuit Mashed Potato Celery Peach Cup VEGETARIAN: Garden Burger ALTERNATE: Chicken Burger w/ Mayo	Softshell Beef Taco Black Beans WG 8" Tortilla Shredded Cheese & Lettuce Salsa Apple VEGETARIAN: Vegetarian Taco Meat ALTERNATE: Chicken Burger w/ Mayo	NO SCHOOL
6-Dec	7-Dec	8-Dec	9-Dec	10-Dec
Beef Hot Dog on WG Bun Veg. Baked Beans Strawberry Applesauce Cup Ketchup PC VEGETARIAN: Cheesebread w/ Marinara ALTERNATE: Turkey Club Sandwich	Chicken Parmesan Sandwich WG Hamburger Bun Marinara Sauce & Shredded Mozzarella Green Beans Fresh Banana VEGETARIAN: Gardenburger ALTERNATE: Chicken Burger w/ Mayo	Sweet & Sour Chicken Veg Brown Rice Fresh Broccoli Fresh Carrots Strawberry Cup Sweet & Sour VEGETARIAN: Cheese Enchilada ALTERNATE: Chicken Burger w/ Mayo	BBQ Chicken Sandwich Corn Fresh Orange VEGETARIAN: Cheese Enchilada ALTERNATE: Chicken Burger w/ Mayo	Bosco Sticks 6" w/ Marinara Fresh Carrots Fresh Apple VEGETARIAN: NONE ALTERNATE: Turkey Club Sandwich
13-Dec	14-Dec	15-Dec	16-Dec	17-Dec
Beef Meatball Sub on WG Hoagie Bun w/ Mozzarella Cheese Fresh Carrots Applesauce Cup VEGETARIAN: Tofu w/ Marinara ALTERNATE: Turkey Club Sandwich	Breaded Chicken Patty Sandwich on WG Bun American Cheese Shredded Lettuce Cuke Coins Fresh Apple Mayo PC VEGETARIAN: Garden Burger ALTERNATE: Chicken Burger w/ Mayo	Sloppy Joe on WG Bun Corn Peach Cup VEGETARIAN: Veggie Sloppy Joe ALTERNATE: Chicken Burger w/ Mayo	Chicken Tenders WG Tea Biscuit Veg Baked Beans Fresh Orange BBQ Sauce PC VEGETARIAN: Cheese Enchilada ALTERNATE: Chicken Burger w/ Mayo	Chicken Nachos WG Tortilla Chips Shredded Cheddar & Lettuce Fresh Broccoli Mixed fruit Cup VEGETARIAN: Vegetarian Taco Meat ALTERNATE: Turkey Club Sandwich
20-Dec	21-Dec	22-Dec	23-Dec	24-Dec
Pizza Chicken Burger on WG Bun Corn Niblets Fresh Apple VEGETARIAN: Gardenburger ALTERNATE: Turkey Club Sandwich	French Toast & Turkey Sausage Fresh Carrots Fresh Cuke Coins Strawberry Cup Syrup PC VEGETARIAN: Omelette replaces Sausage ALTERNATE: Chicken Burger w/ Mayo	Beef Cheeseburger on WG Bun Veg Baked Beans Applesauce Cup Ketchup PC VEGETARIAN: Gardenburger ALTERNATE: Chicken Burger w/ Mayo	NO SCHOOL	 CLOSED
27-Dec	28-Dec	29-Dec	30-Dec	31-Dec
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	 Happy New Year CLOSED



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6-Dec	7-Dec	8-Dec	9-Dec	10-Dec
Mini French Toast Fresh Orange 4OZ 100% Fruit Juice	Cocoa Puff Cereal Bar Fresh Apple	Mini Blueberry Waffles Fruit Cup 4OZ 100% Fruit Juice	WG Bagel Strawberry Cream Cheese Applesauce Cup 4OZ 100% Fruit Juice	WG Apple Cinnamon Muffin Fresh Apple
13-Dec	14-Dec	15-Dec	16-Dec	17-Dec
CinniMini Roll Fruit Cup 4OZ 100% Fruit Juice	Trix Cereal Bar Fresh Apple	Yogurt Granola Bites Fresh Orange 4OZ 100% Fruit Juice	Cherry Frudel Fresh Banana Fruit Cup	Mini Maple Pancakes Applesauce Cup 4OZ 100% Fruit Juice
20-Dec	21-Dec	22-Dec	23-Dec	24-Dec
Mini French Toast Fresh Orange 4OZ 100% Fruit Juice	Cocoa Puff Cereal Bar Fresh Apple	Mini Maple Waffles Fruit Cup 4OZ 100% Fruit Juice	NO SCHOOL	 <p>CLOSED</p>
27-Dec	28-Dec	29-Dec	30-Dec	31-Dec
NO SCHOOL	NO SCHOOL	NO SCHOOL	NO SCHOOL	 <p>Happy New Year</p> <p>CLOSED</p>

MILK VARIETY SERVED AT EVERY MEAL, FAT FREE SKIM, 1%, OR FAT FREE FLAVORED. ALL BREADS SERVED ARE WHOLE GRAIN.

This institution is an equal opportunity provider.